



Southdown Netball Club Code of Conduct

- Arrive for training and matches in good time to prepare thoroughly
- Turn up with the appropriate kit for the activity
- Always warm up and cool down properly
- Play for fun and enjoyment- not just to please your parents and/or coach
- Learn and play by the rules
- Do not argue with match officials and/ or the coach - use your energies for better play
- Recognise and applaud good play
- Be a good sport - win with modesty, lose with dignity
- Respect other people - treat them as you wish to be treated
- Co-operate with coach, team- mates and opponents
- Think about improving your skills after training and competition
- Inform the coach of an injury as soon as possible
- Inform the coach if you need to leave the site early
- Thank officials and opponents after competition